



**Practical Nurse Qualification
Social and Health Care (S2 – Finnish as a Second Language)**

Taitotalo, Helsinki, Finland

Making a difference in people's lives

Do you want to work with people and support their well-being in everyday life?

This programme prepares you for a meaningful and rewarding career as a practical nurse in Finland's social and health care sector.

During your studies, you will develop practical skills, professional competence, and the confidence needed to work in real care environments. The training combines classroom learning with hands-on experience, helping you build the skills required in working life.

You will learn how to:

- Support the well-being, health, and functional ability of clients in different life situations
- Communicate and interact professionally in care and guidance situations
- Work responsibly and safely as part of a multidisciplinary team
- Provide care and support in a variety of social and health care settings

What can you become?

After graduation, depending on your chosen field of specialisation, you can work in roles such as:

- Early childhood education
- Elderly care services (nursing homes, assisted living)
- Home care
- Nursing care (hospitals and clinical settings)
- Mental health and substance abuse work
- Disability services
- Dental care

About the programme

- Qualification: Vocational Qualification in Social and Health Care
- Scope: 180 competence points (credits)
- Duration: approximately 24 months
- The programme follows the Finnish national curriculum (updated 1 August 2026).
- The programme includes scheduled holiday periods during the academic year.

What will you learn?

- Interaction and guidance of clients
- Promoting wellbeing and functional ability
- Medication in practical nursing

After completing the core studies, you will deepen your competence in one chosen specialisation area.

Specialization options

- Care and rehabilitation of older people
- Early childhood and youth education and care
- Mental health and substance abuse work
- Caring for the disabled
- Oral health care
- Nursing and care (hospital and clinical settings)

The program also includes common studies (such as language and communication skills) and optional units that support your individual learning path.

Support for Finnish language learning

- Professional Finnish language studies
- Support for communication in working life
- Guidance for further studies and employment

How will you study?

- Classroom learning at Taitotalo
- Guided online learning
- Work-based learning in real workplaces

Who can apply?

Applicants should have:

- Motivation to work in the social and health care field
- Basic Finnish language skills (minimum level A2.2)
- Sufficient health and functional ability (SORA requirements, see link for more information) [SORA](#)
- The ability to commit to and fund their studies
- Readiness for vocational-level studies
- Basic digital and mathematical skills required for studies
- Willingness to work in shifts, including evenings and weekends
- Willingness to obtain the required vaccinations [Vaccination programme for children and adults - THL](#)

- A criminal record extract is required for work-based learning involving children and young people

If your Finnish language level is not yet at A2.2, you can improve your skills before or alongside your studies. Finnish language courses are available, including options offered by Taitotalo.

Price

9800e per academic year.

How to apply

Apply through Taitotalo's sales agents listed on our web pages (www.taitotalo.fi)

Contact information

You can get more information:

- From Taitotalo's sales agents listed on the web
- Taitotalo
Customer Service (Mon–Fri 8:00–16:00)
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